

CLIFTON SPRINGS COMMUNITY MEN'S SHED SHINES AT THE BELLARINE AGRICULTURAL SHOW

*Sale Regional Health
Roadshows*

*The Men's Shed at
St Andrews*

*Shepparton Men's Shed
Recycle, Repair, Repeat*



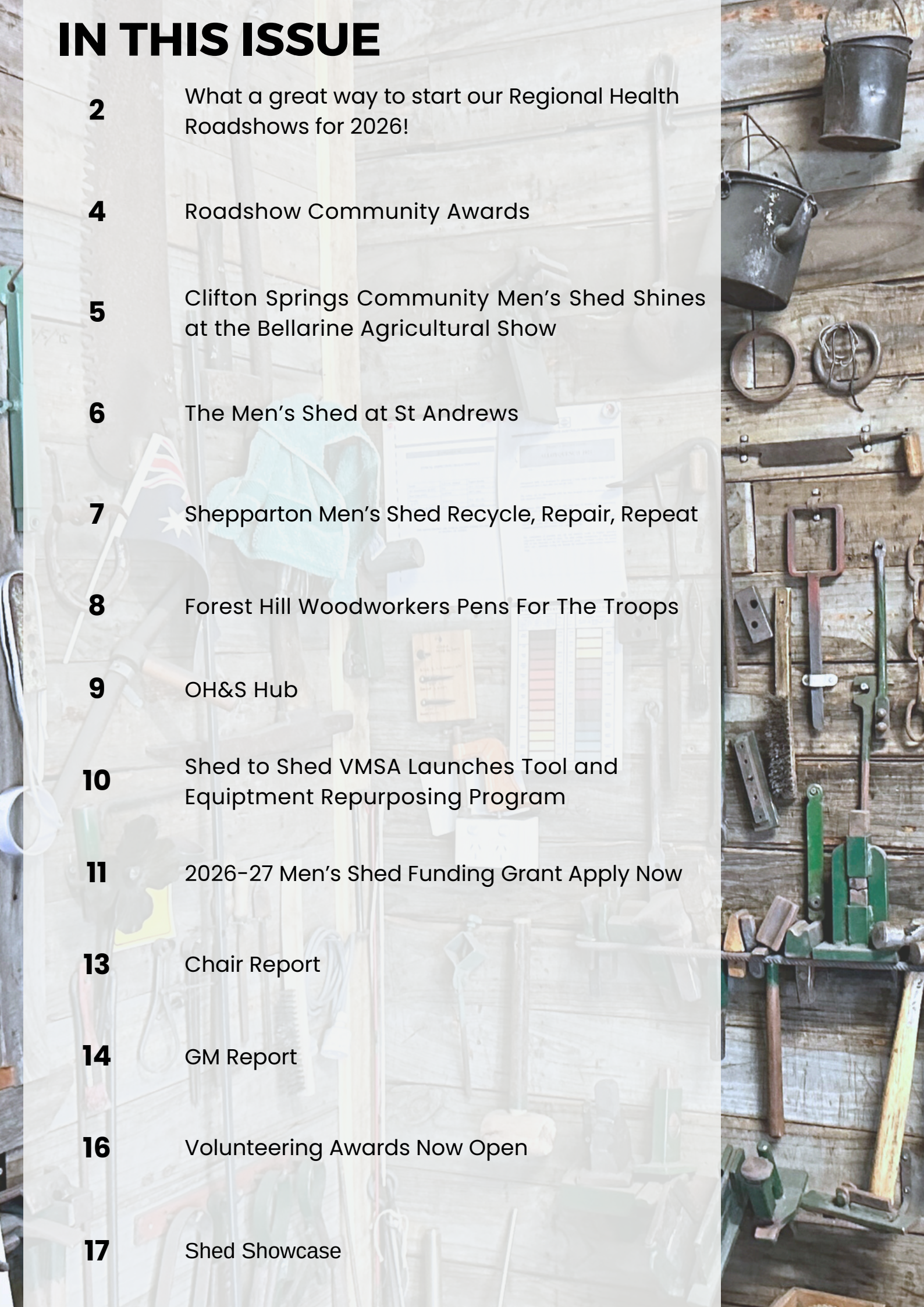
VICTORIAN
MEN'S SHED
ASSOCIATION

SHED TALK

MARCH 2026

Issue 50

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POMONAL ROAD SHOW



APRIL 17, 2026

08:30 AM – 02:00 PM



**POMONAL
COMMUNITY HALL**
3360 ARARAT-HALLS
GAP RD, POMONAL

WHAT TO EXPECT

The Roadshow brings together men's shed members, community partners, and sector organisations for a day of networking, information sharing, and practical sessions relevant to shed operations, health promotion, and community engagement.

SCHEDULE

- Breakfast: 8:30am – 10:00am
- Roadshow Event: 10:00am – 2:00pm
- Lunch: Provided

RSVP

mark@vmsa.org.au
0477 908 144

BY 11TH APRIL

SCAN



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WHAT A GREAT WAY TO START OUR REGIONAL HEALTH ROADSHOWS FOR 2026!

We had a wonderful turnout of over 100 shedders from all over Gippsland, from the High Country to the Low Country and everywhere in between.

The day kicked off in style with a hearty breakfast washed down with a proper posh coffee from the El Cappuccino van, giving our day the quality caffeine kickstart it required. Sale Greyhound Club proved to be brilliant hosts once again, providing an excellent venue and meals, and also going the extra yard by donating raffle prizes.

The focus of this year's events is mental health and well-being and suicide prevention. These can be difficult subjects to discuss but we were very lucky to have two excellent keynote speakers - Sallie Jones from Gippsland Jersey and Paulo Withall from the Zero Suicide program - who shared their experiences and discussed the topics with empathy and caring. And It really helps having an engaged audience who had plenty of questions for the presenters.

State member for Gippsland East Tim Bull spoke about the important role that men's sheds play in their local communities and in the afternoon we were also joined by Tim's colleague in parliament, National Party leader Danny O'Brien.

VMSA also welcomed our important health partners including the Prostate Cancer Foundation of Australia, Ambulance Victoria and Walk for Mental Health. With the help of Bonney Energy, five Gippsland sheds were recognised with Community Awards for their outstanding work. Full details of each award winner and their contributions can be found on the following page.

Whenever there was an opportunity to chat the noise levels in the room rose steadily, with attendees appreciating the chance to share ideas and stories with each other

Finally, a huge thanks must go out to our sponsors, without whom we would not have been able to host this event, including the National Centre For Farmers Health, Total Dust Extraction, JC Walsh, Bonnie Energy, Beyond Bank, AMSA, and WURTH.

With Sale done and dusted we now move on to the beautiful hamlet of Pomonal slap bang in the middle of the spectacular Grampians - hoping to see all the sheds from that region in person on Friday 17 April.

Slán Go Foill (Bye for now), Mark





ROADSHOW

COMMUNITY AWARDS

A highlight of the day of the roadshow was the presentation of the VMSA and Bonney Energy Shed Community Awards, recognising five Gippsland sheds for their outstanding contribution to their local communities. Each winning shed received a \$200 cash voucher.

Sale Men's Shed was recognised for an impressive range of community work, including partnering with the Sale Apex Club, building shelves and garden boxes for Veterans Affairs, constructing park benches for Sale Rotary Club, making a cross for St Columbus Church and completing odd jobs for two other local churches.

Loch Sport Men's Shed was acknowledged for their charitable work across the community, including supporting the local food bank, partnering with the RSL, CFA, Community Care and Christian Centre, building a cross for the local church, cleaning tables along the foreshore for Lions Club and establishing a partnership with Parks Victoria.

Devon North Men's Shed was recognised for their valuable contributions including making seats for Devon North Hospital, building benches for Devon North Primary School, assisting the widow of a shed member who had passed away by cleaning her home, helping other recently bereaved community members with odd jobs and working with the local community hall on various projects.

Meeniyen Men's Shed was acknowledged for their tireless work across a wide range of organisations including Meeniyen State School, the Meeniyen Recreation Reserve, Stony Creek Racing Club, running a sausage sizzle for the local Red Cross and selling poppies for the RSL on Remembrance Day.

Golden Paradise Beach Men's Shed was recognised for their outstanding work with the Golden Beach CFA, building possum boxes for local wildlife, assisting the local community hall and providing a welcoming and supportive place for local men to meet and connect.

Congratulations to all five sheds. The work being done across Gippsland is a powerful reminder of the difference men's sheds make to the towns and communities they call home.



CLIFTON SPRINGS COMMUNITY MEN'S SHED

SHINES AT THE BELLARINE AGRICULTURAL SHOW

The Clifton Springs Community Men's Shed put on an impressive display at this year's Bellarine Agricultural Show in Portarlington, with members throwing themselves wholeheartedly into what turned out to be a very successful and rewarding day for the shed and the community.

The planning and preparation that went into the day was a true team effort, with members working together in the lead up to the show, towing trailers, setting up displays and supporting one another every step of the way. It was the men's shed spirit in action.

A standout moment of the day came when member John was awarded the Most Innovative Machine prize, valued at \$50, for his impressive rope making machine, which drew considerable interest from showgoers throughout the day. John was ably supported on his display by fellow members Jerry and James. The idea to enter the machine in the show came from member Rob, who spotted its potential when John first brought it to the shed. Rob's instinct proved right on the money.

The shed's sausage sizzle was another highlight, with Barry B and Dave T stationed at the BBQ cooking all day long. Stu kept things running smoothly on the till while Laurie, Rob, Peter, Ian and Frank kept the queues moving and the customers happy. It will come as no surprise that the sausages sold out.

Handcrafted wooden boards and other items proved popular with showgoers, but perhaps the most fulfilling part of the day was the shed's hands on project with the kids. Members helped children build their very own caddy to take home, with 300 caddies made and taken home by delighted young participants and their proud parents. The interaction between the shedders and the children was an absolute highlight, and one that members thoroughly enjoyed.

The day was a powerful reminder of what Men's Sheds are all about. Mateship, community, practical skills and giving back. The Clifton Springs Community Men's Shed should be very proud of what they achieved on the day.



THE MEN'S SHED

AT ST ANDREWS



The Men's Shed at St Andrews opened its doors to the public during the St Andrews Festival on 21 March, welcoming the community to a day that had something for everyone.

With support from Bendigo Bank, nearly 50 kids got hands on assembling their own toolboxes, taking home a practical memento from the day. Outside, an impressive lineup of over 20 vehicles drew plenty of attention, spanning more than a century of motoring history from a 1907 Cadillac and a Ford Rat Rod through to a show Z3 and a 1987 Kenworth prime mover.

Inside the shed, wood turning, 3D printing and CNC router demonstrations gave visitors a firsthand look at the skills and equipment the shed has to offer, keeping curious minds of all ages engaged throughout the day.

The event was a fantastic opportunity for the shed to connect with the local community and showcase the breadth of what goes on behind the shed doors.

SHEPPARTON MEN'S SHED

REPAIR, RECYCLE, REPEAT

Shepparton Men's Shed has been repairing and building for its community for 20 years, and if there is one thing the shedders have mastered it is the art of turning reclaimed and recycled materials into something genuinely useful.

The shed's latest project sees members Michael Graczyk, Steve Crowe and their fellow shedders building nesting boxes for native wildlife, helping to restore habitats destroyed by the Longwood bushfire. The boxes are constructed entirely from old pallets and built to specific dimensions to suit the needs of different target species, a practical and meaningful contribution to the region's recovery.

It is far from the only project where the shed has put discarded materials to good use. Member Gary Gray sums up the shed's philosophy simply: "Bring in your rubbish and we can turn it into something you can take home."

That philosophy has seen the shed produce everything from pulleys for the Nagambie Sailing Club to dementia activity boards, all from reclaimed materials. Fellow member David Muir took it a step further, building a cubby house for Apple Blossoms Early Learning in Mooroopna from timber risers donated by Notre Dame College. "We had kids in it before we'd even put it down," Mr Muir said.

The work coming out of Shepparton Men's Shed is a great example of what shedders do best, applying practical skills, ingenuity and community spirit to make a real difference to the people and places around them.



Image credit: Rechelle Zammit / Shepparton News

FOREST HILL WOODTURNERS

PENS FOR THE TROOPS

Thirty beautifully handcrafted pens have arrived from Forest Hill Woodturners, destined for Australian service men and women serving overseas as part of the Pens for the Troops initiative.

Pens for the Troops is a community based project that has been honouring Australian troops since 2008, when a passionate woodturner named Toni sparked the idea on the Ubeaut Woodwork Forum, inviting fellow craftspeople to show their appreciation for Australian service members through handcrafted pens. The response was immediate and the initiative has been going strong ever since, with pens distributed to members of the Navy, Army and Air Force through Padres in the armed forces.



The thirty pens from Forest Hill Woodturners is a magnificent contribution to this proud tradition, each one a small but meaningful reminder to the men and women in uniform that their service is seen, valued and appreciated back home.

It is a wonderful example of the skill, generosity and community spirit that makes the shedding movement so special.



OH&S HUB

WE'RE LOOKING FOR CONTRIBUTIONS TO SHED TALK'S NEW HEALTH AND SAFETY SHARING PAGE

Right now, health and safety issues are handled by sheds on a shed-by-shed basis in terms of measures in place, near misses, accidents and remedial measures post-incident. That's quite appropriate, but it's siloed and what we are not doing is sharing these experiences and the learnings that can come from them across the whole men's shed network.

The VMSA have decided to set up this information hub page in our newsletter to enable sheds to share their experiences and ideas on this most important subject. This can be done without identifying the shed if that's needed. This will enable men's sheds to learn from the experiences of other sheds and to improve health and safety measures on a wider scale.

To get the ball rolling, a big thank you to the Badger Creek & District Men's Shed for sharing their Health and Safety Policy ([click here to view](#)), which is a great example of a thorough and well considered approach to keeping shedders safe. If you would like a copy or have any questions about their policy, contact the Badger Creek & District Men's Shed directly at badger-creek@outlook.com.

So we would like to hear from you about what your approach is to OH&S. Whether this is test and tag tips, Shedder induction policies, links to good references or anything else you think may be useful, it would be great to hear from you! – send your emails to Jim at vmsa@vmsa.org.au

SHED TO SHED

VMSEA LAUNCHES TOOL AND EQUIPMENT REPURPOSING PROGRAM

The VMSEA is excited to launch a new shed to shed repurposing program, giving men's sheds across Victoria the opportunity to pass on surplus tools, equipment and materials to sheds that need them most. The program is open to all Victorian men's sheds and is intended to particularly benefit sheds that are doing it tough.

The program will run through the [VMSEA Public Notices Facebook group](#), which already has 860 members and is free to use. Each month the VMSEA will put up a post in the group to get the ball rolling. Shed representatives can then add a comment under the post with a description of what they have available, their contact details and an image where possible to show the condition of the items.

If you would like your listing featured in Shed Talk, simply send the details through to Jim at vmsa@vmsa.org.au and it will include it in the next edition.

To keep things above board the program operates on a shed to shed basis only, through shed executives, ensuring it remains a genuine community initiative.





Apply now

Men's Sheds funding

Grants up to \$100,000 available

2026-27 MEN'S SHED FUNDING PROGRAM

APPLY NOW

Men's sheds play an important role in our state's local communities. They help to connect community members, reduce social isolation and promote positive health outcomes for men.

The Victorian Government is continuing its \$1 million annual investment in men's sheds throughout the state.

Through the 2026-27 Men's Shed Funding Program, local organisations can apply for a grant up to \$100,000.

Grants can be used for:

- the construction of new men's sheds, including the conversion of a building into a men's shed
- the refurbishment, extension or upgrade of existing men's sheds
- the purchase of major shed equipment for use in men's sheds.

Information sessions:

The Department of Families, Fairness and Housing is hosting information sessions to assist organisations to prepare their application.

Organisations can attend a session using the links below. Registration is not required, simply click the link at the session's starting time.

- [Thursday 9 April 2026, 1:30 pm – 2:30 pm](#)
- [Tuesday 21 April 2026, 6:00 pm – 7:00 pm](#)
- [Friday 8 May 2026, 2:00 pm – 3:00 pm](#)
- [Thursday 21 May 2026, 6:00 pm – 7:00 pm](#)

More information:

Grant applications should explain how the project will help the shed to be accessible and inclusive.

Applications are now open and close at 2:00 pm, 4 June 2026.

For more information or to apply, please visit [Men's Shed Funding Program](#).

[Apply now](#)



SAVE THE DATES

VMSA ROADSHOW DATES 2026

Wimmera 17 April – Pomonal Community Hall

Bendigo 15 May – Greyhound Racing Club Victoria

South East Metro 19 June – Akoonah Park Hall

The Victorian Men's Shed Roadshow is coming to locations across Victoria in 2026. These events bring together men's shed members, community partners and sector organisations for a day of connection, practical information sharing and sessions to support shed operations, health and wellbeing, and community engagement.

Save the dates and keep an eye on our [Events](#) page for full details, locations and registration information for each Roadshow event.

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REPORT FROM THE CHAIR

Greetings to all men's sheds.

2026 is shaping up to be an interesting year what with the war and its attendant shortages and price surges for fuel, food, fertilizers and every other thing.

It is already having an impact on sheds in my area, with a member of my shed unable to afford to fill up his car to travel to the shed and back. He is already spending a fortune going to and from doctors and the shed was the straw that broke the camel's back. In the end he was picked up by another member but you can see the writing on the wall.

We also just this morning postponed a regional northwest men's shed network meeting for the same reason. We are hoping to re-schedule when and if fuel prices come down.

No doubt other sheds will be experiencing similar problems, particularly those in regional areas.

The VMSA will continue to monitor this evolving situation and I am sure that we will all look after each other in what could be tough times ahead.

This year the VMSA is planning a campaign to have our men's shed grant from the state government increased. Funding for men's sheds has not been increased for twelve years, notwithstanding the fact that the number of men's sheds has gone from around 40 back then to over 280 today. We'll be in touch with sheds soon to discuss this campaign.

On another note, a further two members have been appointed to the VMSA board which will take us to the maximum number of nine.

Steve Jenkinson has been a president of the St Andrews Men's Shed for over five years and has a wealth of experience in shed management and governance. He is also involved a number of community organisations and has a solid professional management background. Steve's understanding of the men's shed landscape will make him a valuable addition to the board.

Chloe Keogh is an experienced health service executive who is passionate about rural health. She is currently Executive Director of Clinical Care at Swan Hill District Health and has had past oversight of a rural men's shed, so she understands the important role men's sheds play in their communities. Chloe's health background will bring a new dimension to the board and we welcome her warmly.

TREVOR DOBBYN
VMSA Chair



REPORT FROM THE **GENERAL MANAGER**

Hello Shedders,

The VMSA warehouse was starting to look a bit depleted towards the end of last year but I'm happy to let you know that we will be receiving some generous tool donations from the Hilti Group. When added to the recent deliveries from Dulux and Total Tools, sheds can expect some interesting items in your VMSA giveaway bags and prize packs over the coming months.

We brought two cars full of these show bags to our first road show of the year, held last week at the Sale Greyhounds. It was a big success with 25 sheds and over 100 people in attendance. Mark tells the story of the day on **page #** of this edition. Five Gippsland sheds picked up awards for outstanding service to their communities. It was hard to pick the winners as there are so many great sheds in the South East, you can find out more about this on **page #**.

Next up we head to the beautiful Grampians region, to the town of Pomonal where the second road show will take place on Friday the 17th April. It's been a long while since any shed event has been held in this area and we are really looking forward to this one. Event and RSVP details can be found on **page #**.

One of the ideas that was discussed at the VMSA Forum late last year was using this newsletter as a hub for sheds to share health and safety tips and resources with one another. This edition sees the launch of this initiative and we encourage you to contribute as this can really help sheds with OH&S, particularly the smaller, less-resourced members of our association.

On a final note, I know you are generally an unassuming lot that don't like to crow about your achievements, but it's always good to get men's sheds on the radar of Government and the wider public so please consider putting a fellow shedder or a shed forward for nomination at the Victorian Volunteering Awards which are now open.

Happy shedding,

JIM KANE
VMSA General Manager





VICTORIAN
volunteering
AWARDS 2026

Nominate now!

volunteeringvictoria.org.au

NOMINATIONS FOR THE VICTORIAN VOLUNTEERING AWARDS 2026 ARE NOW OPEN!

These awards recognise the incredible and everyday contribution of volunteers and their organisations. They strengthen our communities by:

- reducing social isolation
- providing essential services
- bringing valuable and diverse skills and perspectives
- and more!

Know an outstanding volunteer or community organisation? Help celebrate their impact!

To learn more or submit a nomination, visit:

<https://www.volunteeringvictoria.org.au/events/awards/>

Nominations close Wednesday 27 May.

The awards are delivered by Volunteering Victoria with the support of the Victorian Government.



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INSIDE THE WORKSHOP

SHED

SHOWCASE

ROCHESTER MEN'S SHED

A productive week at Rochester Men's Shed with a number of community jobs keeping the volunteers busy. The storage container cleanout is well underway and, most importantly, hot cross buns were on the menu for morning tea. The important things in life!



STANHOPE & DISTRICT MEN'S SHED

The verdict is in and it is a good one! The shedders at Stanhope & District have breathed new life into a beautifully restored rocking chair, and by the looks of it the owner is going to be very pleased. There is something special about seeing an old piece come back to life, and this one looks like it belongs in a very comfortable corner somewhere.



Do you have a great shed story or funny moment to share? Let us know for the next edition of Shed Talk! Email vmsa@vmsa.com.au



CHELSEA MEN'S SHED INC

The shedders at Chelsea Men's Shed set up shop at the Longbeach Anglican Parish fete, showcasing a great range of handmade items for sale. If you missed them on the day there are still plenty of items available for purchase. Get in touch with the shed to find out more!

MONBULK DISTRICT MEN'S SHED

The doors are open at Monbulk District Men's Shed every Tuesday and Friday morning. Whether you are after a cuppa, a chat or something more, there is always a warm welcome waiting. Come on in and see what the shed is all about.



BALLAN MEN'S SHED INC

The shedders at Ballan Men's Shed have been busy crafting award bases for Bacchus Marsh Little Athletics, and they are ready for collection. A great example of the shed putting their skills to work for the local community and helping to recognise the achievements of young athletes in the region.

Do you have a great shed story or funny moment to share? Let us know for the next edition of Shed Talk! Email vmsa@vmsa.com.au

KEEP DOING WHAT YOU LOVE AT YOUR LOCAL MEN'S SHED

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WE WANT TO HEAR FROM YOU!
WHETHER IT'S A PROJECT SUCCESS,
A MEMBER'S ACHIEVEMENT, OR A
COMMUNITY INITIATIVE, WE'D LOVE
TO FEATURE IT IN SHED TALK.**

Send us your photos and stories to
vmsa@vmsa.org.au and let us showcase
the amazing work happening in your shed.

Don't miss this opportunity to share your
journey with the wider men's shed
community!



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HOST YOUR NEXT MEN'S SHED EVENT IN OURS



WE CONFESS, OUR 'MEADOWS SHED' PROBABLY LOOKS A LOT DIFFERENT TO YOURS. HOWEVER, IT SHARES THE SAME VISION, MISSION & ROLE.

Here at **The Meadows Conference and Events Centre** we too believe in empowering communities. Our mission, like just every Men's Shed, is to offer a place for people to connect. We are dedicated to providing our venue to groups who require a unique and great space to host a function at a very reasonable cost. It goes in hand in hand with being a not-for-profit organisation, just like the VMSA.

As a proud sponsor of the VMSA, our shed door is always open should your shed members need a space to gather. This October we will again be hosting the **VMSA Annual Conference**. If you plan to head along, our hospitality team will be available to show you around our venue. We've seven sensational indoor and outdoor spaces to entertain you. If you'd like more immediate information about our venue and hospitality packages you can jump on our website or call on (03) 9355 5222.

And don't forget, our venue doubles as a Australia's premier greyhounds race track. We can also host you on a Wednesday or Saturday race night. Visit melbournegreyhounds.org.au to learn more.



*The
Meadows*

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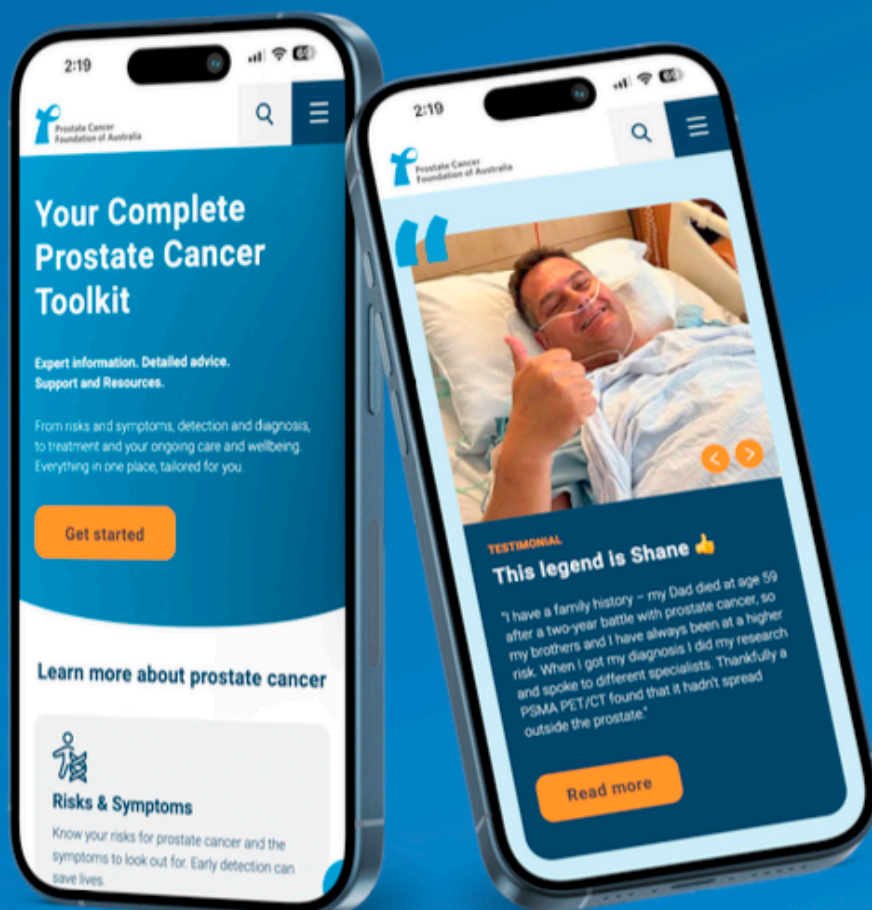
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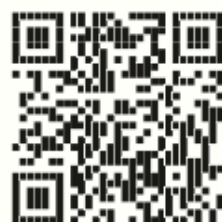
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🔍 prostate.org.au

☎ 1800 22 00 99



Scan the QR code
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- Strategic planning
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- One-on-one business mentoring and more

Let's work together for stronger and more resilient Gippsland communities



Scan QR code
or contact Michelle
on 0429 008 475
to register
your interest

Follow Us on Social Media



Don't miss out on the latest updates, events, and community initiatives from the men's shed!

Follow our Facebook page **Victorian Men's Shed Association** for all the news, photos, and stories straight from Sheds.

Plus, join our Facebook group **VMSA - Public Notices** to connect with fellow members, share ideas, and stay in the loop with discussions on topics that matter to you.

Stay connected, stay engaged, and be a part of our vibrant online community!

Follow us today!

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COURTNEY RODDA

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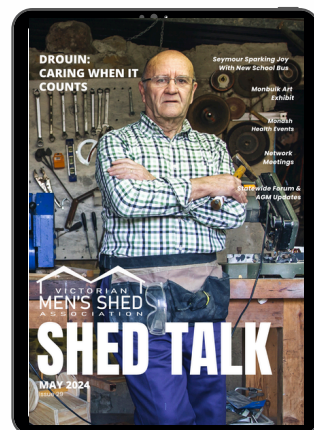


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- Updates from VMSA



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