



# Annual Report

**2023/24**





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# About Us

The Victorian Men's Shed Association (VMSA) serves as the peak body for Men's Sheds in Victoria, advocating for their vital role in supporting the health and wellbeing of men across the state. Men's Sheds provide a safe, inclusive, and welcoming environment where men can come together, share their experiences, and engage in meaningful activities.

By fostering social connections and skill development, Sheds help to address the issues of loneliness, isolation, and depression that men may experience due to unemployment, retirement, or other life changes.



The VMSA provides its member sheds with essential resources, advice, and support, ensuring that each Shed can operate effectively and deliver valuable services to its members. Through regular communications, mental and physical health education, and a network of shared knowledge, we strive to ensure that Men's Sheds remain a positive force for individuals and communities across Victoria.



# Our Vision

Our vision is to create and sustain a network of Men's Sheds across Victoria that empowers men to build strong connections, enhance their overall well-being, and make valuable contributions to their communities.



# Our Mission

Our mission is to represent, support, and advocate for Men's Sheds in Victoria. We are dedicated to promoting opportunities for men to engage in social connection, foster personal growth, and improve both their mental and physical health.



# Our Value

We are committed to building strong community connections and promoting the wellbeing of our members. Our sheds create inclusive, welcoming spaces for all men to engage in meaningful activities. We empower Men's Sheds with the necessary resources and support to thrive, while encouraging collaboration and knowledge sharing across the network.



# Chair & GM Report

This has been a successful year for the VMSA as we continue to promote and support the development of men's sheds across the state.

We have successfully lobbied for more money from the state government and received a grant of \$100,000 for shed network development and we will continue to advocate for more funding for men's sheds across the board.

We have employed two new staff to roll out federal health department and state government funded programs and we have welcomed our new General Manager, Jim Kane.

On the advocacy front we have campaigned in support of the Kiewa/Tangambalanga and Rainbow men's sheds and we are grateful for the support of member sheds in these endeavours. This shows the strength and unity of the Men's Shed movement.



**Trevor Dobbyn**  
Chair

The VMSA has resisted attempts to weight grant funding against sheds who want to retain their status as sheds for men and we have had some success in sending a strong message regarding the importance of men's sheds for men.

With the renewal of our staff we have been able to visit over 170 men's sheds in the past 12 months and this important work will continue.

We have redeveloped our website and I want to thank the WA Men's Shed Association for its advice on how to go about this.



**Jim Kane**  
General Manager

We have strengthened our relationships with the four viable state-based men's shed associations and continue to attempt to rebuild the relationship with AMSA. The MOU with AMSA has been signed off by our board and theirs but there is still a long way to go in terms of implementation.

Finally, we thank the VMSA board and our staff for their great contribution and our wonderful men's sheds who do immeasurable good for their members and their communities.



# Network Project

VMSA has received funding from the Department of Families, Fairness and Housing to conduct a pilot project focused on connecting Sheds via local networks. The project aims to establish and strengthen Men's Shed networks, by facilitating opportunities for Men's Sheds to collaborate with each other and with other local community organisations.

Networks provide Men's Sheds with important opportunities to strengthen their organisations by learning about good governance, shed promotion, funding, community participation, men's health and dealing with setbacks. The project is supporting Shed leaders who are interested in forming local networks but have challenges relating to administration, resources, and volunteer attrition.

Networks are highly valued, enhancing capacity and sustainability in the sector. When the project commenced, we had 94 Sheds already engaged in active networks, and within the first eight weeks more than 100 other Sheds have expressed interest in forming or joining a network. VMSA are currently resourced to help Sheds set up a network in their local area. We are assisting with contact lists, invitations, catering, organizing guest speakers, developing agendas and co-Chairing meetings if required. Building leadership capacity is another goal of the project, including the development of resources for prospective network leaders. Through consultation, we will identify the key steps and resources required to ensure a smooth leadership experience and succession planning.

Another key element is to liaise with local government and other key local organisations to build greater engagement in networks. We are working to identify and liaise with key staff members at councils, community health services and neighbourhood houses to encourage their involvement with their local Men's Shed networks. Identification of key supporters from State and Federal government is also a work in progress.

Finally, the project hopes to develop stronger relationships with corporate partners and sponsors. We are promoting the key features of the Men's Shed movement and scoping opportunities for local and state-wide businesses to engage with networks.

The project is funded until June 2025 including engagement of a project officer until February 2025.

# VMSA's Strategic Goals

The VMSA undertook a substantial review of its strategic direction in 2022-23 to ensure it aligned with the organisation's primary purpose to promote men's health through support of its state network of Sheds. The review also aimed to produce an articulated strategy that would encourage future funding from the Victorian Government and other stakeholders to underpin the association's sustainability.

The three strategic pillars:



**GOVERNANCE**



**SUSTAINABILITY AND SERVICE**



**SUPPORT FOR SHEDS**



# VMSA Purpose

To advance mental health and personal wellbeing by supporting the growth and sustainability of Men's Sheds in Victoria.



## Governance

The VMSA is committed to the best governance policy and practice aligned with the aspirations of its community, its strategy and its resources. We recognise that strong and effective governance is the foundation upon which all other strategic objectives are built and achieved.

CATEGORY	DESCRIPTION
<b>POLICIES AND PROCESSES</b>	Develop and maintain a set of governing policy documents to ensure integrity and clarity in organisation governance, including well-articulated roles and responsibilities.
<b>FEDERATION MODEL (AMSA)</b>	Negotiate a formal and effective federated Men's Shed model with the Australian Men's Shed Association. Delineate the role of the VMSA as a state body in relation to other state and national bodies.
<b>SKILLS MATRIX</b>	Ensure that the board, management and staff have the appropriate skills and knowledge to support VMSA objectives and its Victorian membership base.
<b>RISK MANAGEMENT</b>	Document and regularly review VMSA's financial and non-financial risks, including identification and documentation of risk mitigation controls.
<b>SUCCESSION PLANNING</b>	As far as possible, recruit and coach staff to ensure business continuity and minimisation of key person risk.
<b>RECONCILIATION</b>	Consider the implementation of a formal Reconciliation Action Plan.
<b>BOARD COMMITTEES</b>	Establish and maintain a formal board committee structure and ensure that Committees are utilised to effectively oversee VMSA operations and to enable the VMSA Board and office holders to focus on strategic issues.



# SUSTAINABILITY

Central to VMSA strategy is our belief that our business practice must be sustainable if we are to provide long-term value, continuity and support for the Victorian Men's Shed community. The foundation for this is high community regard and respect for the Men's Shed reputation and brand.

CATEGORY	DESCRIPTION
BRAND AND REPUTATION	Be constantly aware that the VMSA's sustainability is almost solely reliant upon its good reputation. Evolve the VMSA brand to align with strategic goals, including its closer integration into a federated Men's Shed national governance model.
VALUE PROPOSITION	Consider and agree on a clear value proposition for VMSA in the context of the aspirations of member Men's Sheds, government stakeholders and potential commercial and community funders.
GROWTH	Establish clear growth objectives across multiple metrics, including VMSA revenue, shed membership, partnerships and staff. Increase the number, capacity, quality and sustainability of Victorian Men's Sheds.
DIVERSIFIED FUNDING	Diversify revenue sources to increase funding creating more opportunities for Men's Sheds.
RESOURCING (PEOPLE/IT/FINANCE)	Ensure the VMSA strategy and business plans are supported by adequate staff, IT and financial resources. Enlarge the VMSA workforce to support strategic goals.
PARTNERSHIPS	Acknowledge that the VMSA's sustainability is dependent upon effective partnerships. Build stronger relationships with key stakeholders (sheds, government, business and community) on a foundation of high community regard for the VMSA's reputation and brand.





# SUPPORT FOR SHEDS

Our most vital community contribution is ensuring that VMSA member sheds are able to provide their members with the support, connectedness and networks to promote individual mental health and personal wellbeing.

CATEGORY	DESCRIPTION
MENTAL AND PERSONAL WELL-BEING	Help member sheds to promote the mental and personal well-being of their members through provision of education and referral partnerships with relevant providers.
COMMUNICATIONS	Actively communicate with members through multiple channels and ensure that essential information and support are readily accessible online and through VMSA staff.
SHED ENABLEMENT (ADVICE/SUPPORT)	Improve relationships between the VMSA and both local men's sheds and regional groupings of sheds. Provide the necessary training, advice and tools to achieve and maintain the highest standard of governance within member sheds to effectively deliver on the VMSA's purpose.
DIGITAL TOOLS	Develop and partner to provide useful digital tools and enablement for sheds and their members to remain connected and manage their affairs.
FIELD STAFF	Resource as many field staff as practical and affordable to ensure VMSA maintains a presence and provides proper support throughout the Victorian shed network.

This 3-year strategic plan, which will be revisited annually, will inform the priorities and programs for each year's business plans over the period to 2025.

THE VICTORIAN STATE GOVERNMENT'S MEN'S SHED FUNDING PROGRAM, SUPPORTED BY THE DEPARTMENT OF FAMILIES, FAIRNESS AND HOUSING, INCLUDES SUBSTANTIAL PROVISIONS FOR OUR MEMBER SHEDS. IN 2023-24, MANY VICTORIAN MEN'S SHEDS SUCCESSFULLY APPLIED FOR FUNDING, WITH A TOTAL OF \$713,626.35 AWARDED ACROSS THE STATE.



Families,  
Fairness  
and Housing

## MEN'S SHED

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Albury Wodonga Woodcrafters  
Alphington Community Shed  
Badger Creek and District Men's Shed  
Ballarat East Community Shed (BECS Shed)  
Benambra Men's Shed  
Bunyip and District Men's Shed  
Cobden Men's Shed  
Cohuna Men's Shed  
Cranbourne Casey Men's Shed  
Eltham and District Woodworkers  
Heathcote Men's Shed  
Hume Men's Shed (Sunbury) Inc  
Lalor and District Men's Shed  
Lara and District Men's Shed Inc  
Leongatha Men's Shed  
Morwell Men's Shed  
Mountain District Community Shed  
Newborough Men's Shed  
Ocean Grove and District Men's Shed

Point Cook Men's Shed  
Quambatook Men's Shed  
Swan Hill Neighbourhood House Men's Shed  
The Village Well at Box Hill Baptist Church  
Tullamarine Community House and Men's Shed  
Venus Bay Tarwin Lower and District Men's Shed  
Wangaratta District Men's Shed



# Partnerships

VMSA expresses gratitude for the partnerships cultivated with organisations such as the Victorian Government Department of Families, Fairness and Housing, Greyhound Racing Victoria, The Meadows, Bunnings Trade, Booran Motors, Bunnings, ExxonMobil, Blooms Hearing, Stroke Foundation, Prostate Cancer Foundation, Dementia Australia and Diabetes Victoria.

Through these collaborations, VMSA has expanded its outreach, enriched its programs, and provided crucial support to both members and the broader community.

Whether through generous donations, educational workshops, or shared resources, each partnership has been instrumental in empowering the Sheds to thrive and fulfil the mission of advancing men's health and well-being.



Families,  
Fairness  
and Housing



Prostate Cancer  
Foundation of Australia



bloom<sup>™</sup>  
hearing specialists

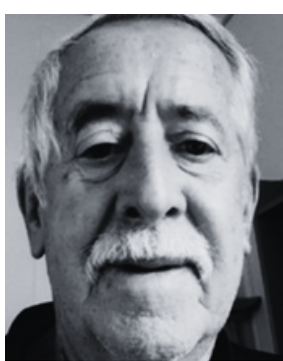


# Board members

The board members of our Men's Shed play a pivotal role in guiding the direction and operations of our organization. Comprised of dedicated individuals from diverse backgrounds, our board members bring a wealth of experience and expertise to the table. Through their strategic vision and steadfast commitment, they ensure the effective management of resources, uphold the values of inclusivity and camaraderie and foster a supportive environment for all members.



**Trevor Dobbyn**  
Chair



**Colin Prowd**  
Vice Chair



**Mick Overman**  
Treasurer



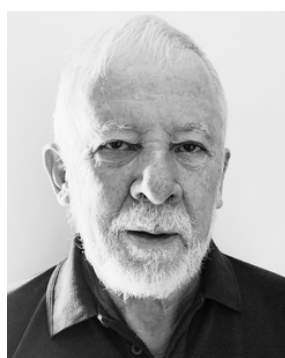
**Max Finlayson**  
Secretary



**Marcelle Davis**  
Committee



**Peter Broomhead**  
Committee



**Graeme Newman**  
Committee



# VMSA Staff

Our dedicated staff play a vital role in supporting the Victorian Men's Shed Association and its members. Their hard work and commitment help ensure that every shed receives the guidance and resources they need. Whether offering practical advice, facilitating connections, or helping sheds collaborate, our team is passionate about promoting the health, well-being, and community spirit of Victorian men.

Each team member brings their own valuable skills and expertise to the table, contributing to the ongoing success of our initiatives and advocating for Men's Sheds throughout the state. Get to know the dedicated individuals behind our efforts below.



**Jim Kane**  
General Manager



**Mark Tyrrell**  
Regional Coordinator



**Kylie Hughes**  
Shed Network Facilitator



**Courtney Rodda**  
Social Media &  
Marketing Communications



# Finance Report



**Mick Overman**  
VMSA Treasurer





# Victorian Men's Shed Association Incorporated

ABN 44 206 931 360

## Income and Expenditure Statement

For the year ended 30 June 2024

	2024	2023
	\$	\$
<b>Income</b>		
Grants, Subsidies & Funding	289,650	285,541
Membership Fees	13,850	16,156
Donations	15,357	26,994
AGM Sponsorship & Revenue	7,182	4,450
Interest Received	11,775	1,156
Total income	337,815	334,297
<b>Expenses</b>		
Accounting, Audit & Book-keeping	7,831	4,366
Advertising & Promotions	3,753	9,403
Bank & Merchant Fees	540	504
Committee & Board Expenses	2,216	2,596
Consultants fees	3,384	
Depreciation	5,557	5,247
Gathering & Forum Expenses	1,478	2,262
General Expenses		4,330
Insurances	3,445	2,077
Information Technology & Website	9,367	1,350
Legal & Professional Fees	5,090	3,335
Marketing & Communications	22,014	4,040
Motor Vehicle Expenses	3,392	
Office Expenses	685	1,896
Postage	873	2,534
Printing & Stationery	150	1,622
Rent - Office	9,600	7,200
Salaries & Wages	211,896	229,432
Subscriptions & Memberships	547	
Superannuation	16,745	22,182
Telephone	2,705	
Travel & Accommodation	12,018	1,585
Total expenses	323,288	305,961
Profit from ordinary activities before income tax	14,526	28,336

These financial statements are unaudited. They must be read in conjunction with the attached Accountant's Compilation Report and Notes which form part of these financial statements.



**Victorian Men's Shed Association Incorporated****ABN 44 206 931 360****Income and Expenditure Statement****For the year ended 30 June 2024**

	<b>2024</b>	<b>2023</b>
	<b>\$</b>	<b>\$</b>
Income tax revenue relating to ordinary activities		
<b>Net profit attributable to the association</b>	<b>14,526</b>	<b>28,336</b>
<b>Items recognised directly in equity:</b>		
Net increase (decrease) in Asset Revaluation Reserve	(1,529)	1,580
<b>Total revenues, expenses and valuation adjustments attributable to the association and recognised directly in equity</b>	<b>(1,529)</b>	<b>1,580</b>
<b>Total changes in equity of the association</b>	<b>12,997</b>	<b>29,916</b>
Opening retained profits	265,258	236,922
Net profit attributable to the association	14,526	28,336
<b>Closing retained profits</b>	<b>279,784</b>	<b>265,258</b>

These financial statements are unaudited. They must be read in conjunction with the attached Accountant's Compilation Report and Notes which form part of these financial statements.

# Victorian Men's Shed Association Incorporated

ABN 44 206 931 360

## Detailed Balance Sheet as at 30 June 2024

	Note	2024 \$	2023 \$
<b>Current Assets</b>			
<b>Cash Assets</b>			
Cash @ Bank - Operating Account		259,940	357,823
Cash @ Bank - Statement Account		28,875	28,872
Business Credit Card		11	
Term Deposit - No1		242,364	233,131
Term Deposit - No2		62,281	59,844
		<u>593,471</u>	<u>679,670</u>
<b>Receivables</b>			
Trade Debtors		1,914	8,679
		<u>1,914</u>	<u>8,679</u>
<b>Other</b>			
Prepayments		2,739	1,678
		<u>2,739</u>	<u>1,678</u>
<b>Total Current Assets</b>		<u>598,123</u>	<u>690,027</u>

# Victorian Men's Shed Association Incorporated

ABN 44 206 931 360

## Detailed Balance Sheet as at 30 June 2024

	Note	2024 \$	2023 \$
<b>Non-Current Assets</b>			
<b>Property, Plant and Equipment</b>			
Furniture, Fixtures & Fittings		1,912	1,912
Less: Accumulated depreciation		(1,515)	(1,420)
Office Equipment		11,080	4,775
Less: Accumulated amortisation		(4,744)	(3,419)
Computers & IT Hardware		34,353	34,353
Less: Accumulated depreciation		(21,115)	(17,806)
Motor vehicles (cost)		43,024	
Less: Accumulated depreciation		(828)	
Website Development		3,150	
		<u>65,317</u>	<u>18,395</u>
<b>Total Non-Current Assets</b>		<u><b>65,317</b></u>	<u><b>18,395</b></u>
<b>Total Assets</b>		<u><b>663,440</b></u>	<u><b>708,422</b></u>



**Victorian Men's Shed Association Incorporated****ABN 44 206 931 360****Detailed Balance Sheet as at 30 June 2024**

	Note	2024 \$	2023 \$
<b>Current Liabilities</b>			
<b>Payables</b>			
<b>Unsecured:</b>			
- Trade Creditors		5,502	1,340
		<u>5,502</u>	<u>1,340</u>
<b>Financial Liabilities</b>			
<b>Unsecured:</b>			
- Grants Received In Advance		305,864	373,630
<b>Secured:</b>			
- Business Credit Card			1,927
		<u>305,864</u>	<u>375,557</u>
<b>Current Tax Liabilities</b>			
GST payable control account		10,930	13,154
PAYGW Payable		26,989	7,720
Superannuation Payable		23	
		<u>37,941</u>	<u>20,874</u>
<b>Provisions</b>			
Provisions - Annual Leave		11,061	11,058
Provisions - Latrobe Field Officer		14,882	24,400
		<u>25,943</u>	<u>35,458</u>
<b>Other</b>			
Revenue in Advance		8,355	8,355
		<u>8,355</u>	<u>8,355</u>
<b>Total Current Liabilities</b>		<u><b>383,605</b></u>	<u><b>441,584</b></u>
<b>Total Liabilities</b>		<u><b>383,605</b></u>	<u><b>441,584</b></u>

These financial statements are unaudited. They must be read in conjunction with the attached Accountant's Compilation Report and Notes which form part of these financial statements.

# Victorian Men's Shed Association Incorporated

ABN 44 206 931 360

## Detailed Balance Sheet as at 30 June 2024

	Note	2024	2023
		\$	\$
Net Assets		<u>279,835</u>	<u>266,838</u>

### Members' Funds

#### Reserves

Accounting Reserve	51	1,580
Accumulated surplus (deficit)	<u>279,784</u>	<u>265,258</u>
Total Members' Funds	<u>279,835</u>	<u>266,838</u>

# **Victorian Men's Shed Association Incorporated**

**ABN 44 206 931 360**

## **Statement by Members of the Committee**

**For the year ended 30 June 2024**

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The Committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the Committee the Income and Expenditure Statement, Statement of Financial Position, and Notes to the Financial Statements:

1. Presents fairly the financial position of Victorian Men's Shed Association Incorporated as at 30 June 2024 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that the association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by the Treasurer:



Michael Overman (FTMA, AICD)

Dated: 22nd October, 2024





Victorian Men's Shed Association  
ABN 44 206 931 360

 173-175 Ordish Road, Dandenong South, Victoria 3175

 [www.vmsa.org.au](http://www.vmsa.org.au)