

# POMONAL: BUSHFIRE UPDATE

*A Tale of 4 Sheds  
by Trevor, VMSA Chair*

*Call for Help  
St. Mary's Star of the Sea*

*Two Unique Melbourne  
Shed Locations*

*Maldon  
Awarded Grant*



# SHED TALK

**MARCH 2024**

Issue 27



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# REPORT FROM THE CHAIR

I thought I'd start by bringing members up to date with the current dispute between the Tangambalanga-Kiewa Men's Shed and the Indigo Shire Council over council moves to force the men's shed out of its current location.

This dispute has arisen because of a council master plan to redevelop the Kiewa River Park which requires the Men's Shed on the site to be demolished and contains no provision for an alternative facility.

What the Men's Shed needs is for the council to provide certainty about the Shed's future, therefore the Shed committee has launched a Save our Shed (SOS) campaign which has the support of a number of key local community groups and overwhelming support from the community itself.

In addition, Men's Shed President Jack Britton has called on Victorian Men's Sheds to support their SOS campaign and so far, they have had a fantastic response from sheds across the state. This has seen emails sent to Indigo Shire Council urging it to find a resolution to save the Shed.

On Tuesday 5 March Jack, VMSA board member Max Finlayson and I met with shire council officers at Yackandandah and several possible alternatives were discussed.

We then sent a draft agreement to the council which provides a way forward and we await the council's response.

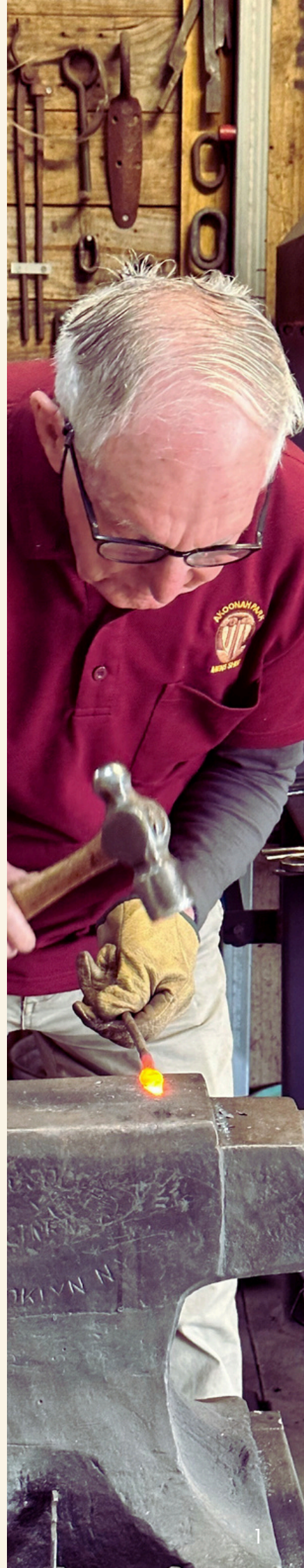
It's been a difficult time for shed members and the committee, but they breed them tough in the country and they have plenty of supporters to help them get through this.

Jack has asked me to pass on his thanks to the Men's Sheds who answered their call for help. Fingers crossed we might get an agreement with the council that will sort this out. Time will tell. We will keep members informed of developments as they arise.

In the last issue I advised that we had selected a candidate to take on the role of VMSA General Manager and I am sad to say that unfortunately, he rang to let us know he had just received some health advice and was unable to take on the job. I extended our best wishes to him.

So, we readvertised the position and I am happy to report that VMSA Regional Coordinator Jim Kane was the successful applicant out of the over 80 received and has been endorsed by the board. Jim already knows a fair bit about the men's shed movement having visited over 90 men's sheds so far and we wish him all the best in his new role as General Manager.

One of Jim's first jobs will be to backfill his position and hire a new Field officer.





# REPORT FROM THE **CHAIR** CONT.

I have been informed by the presidents of the Western Australian, Queensland and Tasmanian men's sheds associations that they have now signed Memorandum's of Understandings with AMSA as the VMSA has done.

Members could expect that a vote to change AMSA's rules to give full effect to these MOU's will be held later this year. This will strengthen the men's shed movement throughout Australia. In the meantime, all parties are committed to working together in the spirit Men's Shed movement.

Finally, on Monday and Tuesday of last week, I attended the Australian Men's Sheds Association meeting held in Melbourne which I am pleased to say, went smoothly and it was good to catch up with board members from across the country.

**TREVOR DOBBYN**  
*VSMA Chair*





# POMONAL MEN'S SHED

## UPDATE AMIDST BUSHFIRES

March has posed another set of challenges for both Pomonal Men's Shed and the wider community as they grapple with the aftermath of the catastrophic bushfires on Tuesday the 13th. Despite the adversity, the solidarity and support pouring in from all corners have been nothing short of remarkable.

In response to the devastation caused by the bushfires, the Shedders have been actively involved in passing on donated tools and shed items to the affected bushfire victims. These donations have been flowing in from Men's Sheds, service groups, businesses, and individuals across the state, with some even arriving from interstate. The Pomonal Men's Shed members have dedicated their time to sorting out these donations, ensuring they are categorised for easy access and making certain that all electrical items are thoroughly tested and tagged for safety.

This collaborative effort highlights the resilience and generosity within our Shed community, as we come together to support those in need during these challenging times. The spirit of camaraderie and unity that prevails within our sheds is truly inspiring.

PHOTO COURTESY OF THE ARATAT ADVERTISER.





# CALL FOR HELP

## ASSISTING ST MARY'S STAR OF THE SEA CHURCH, WEST MELBOURNE



**WHEN: THURSDAY, MAY 9TH @ 10:00 AM**

**WHERE: SUPERYARD HOLDING FACILITY,  
76 LARA WAY, CAMPBELLFIELD, VIC 3061**

Join in to assist in the repair and restoration of St. Mary's Star of the Sea Church. Through a partnership with the organisers of the Melbourne Cup Carnival, Superyard has rescued materials from temporary entertainment structures used in the previous year's event. We'll be working together to de-nail wood that will be crucial for repairs at the church.

Your efforts will directly contribute to restoring the eaves of the church garage roof and refurbishing the storage shed. But it's more than just repairing structures; it's about rebuilding a piece of our community's spirit. Additionally, carpets rescued by Superyard will be laid in the children's sacrament classrooms, creating a warm and inviting space for the young ones.

Anything Else: Music and refreshments will be provided. This is more than just volunteering; it's a community coming together in solidarity and support. Whether you're skilled with tools or just willing to lend a hand, your presence will make a difference.

Let's come together to rebuild and restore. Your help can turn hope into reality for St. Mary's Star of the Sea Church. We look forward to working alongside each one of you!

**Need more information contact Abhijit - Port Phillip Men's Shed President  
0413 305 242 or [president@ppmsa.org.au](mailto:president@ppmsa.org.au)**





## **FIND YOUR LOCAL MEN'S SHED**

Camaraderie, connectivity, and engagement for men of all backgrounds.







# AT TALE OF **FOUR SHEDS** BY TREVOR, VMSA CHAIR

## **TANGAMBALANGA-KIEWA MEN'S SHED**

In March I was lucky enough to visit four sheds, two in the country and two in metro Melbourne. On Thursday, March 7 I went to the Tangambalanga-Kiewa Men's Shed Inc. which was an experience, to say the least.

The shed has around 32 members and is situated in a beautiful location in the Kiewa River Park. On arrival with President Jack Britton, the scene outside the shed was somewhat chaotic with earth, large boulders and mulch being thrown about by various machines including right up to the edge of the shed, soon to be demolished by council.

There was a fair bit of dust in the air which was not ideal for members with breathing problems. Shed members, including one on a mobility scooter, were gingerly picking their way through this construction site to get into the shed and once inside we had a meeting about the Save Our Shed dispute with the council and what to do next.

There is not much else to report as the normal operation of the shed was badly disrupted by all of this but the next day, we did reach an agreement with the council about suspending works while the shed was in operation which was a good thing.

Anyway, it was great to meet the shed members and I was full of admiration for their grit and determination in the face of such adversity.

The men's shed first opened in 2022 and Jack has been president since then.



# AT TALE OF **FOUR SHEDS**

## **TANGAMBALANGA-KIEWA MEN'S SHED**



JIM BRITTON AND SOME OF THE BLOKES AT  
TANGAMBALANGA-KIEWA MEN'S SHED



# A TALE OF **FOUR SHEDS**

## **YACKANDANDAH MEN'S SHED**

On Friday 8 March, I attended the Yackandandah Men's Shed Inc. with VMSA Board member Max Finlayson.

This was an entirely different scene with an orderly committee meeting underway and members happily engaged in a variety of shed projects both inside and on the capacious veranda at the back. The shed cook was preparing lunch and an air of calm and quiet achievement prevailed.

Of course, having no government body trying to knock your shed over helps in this regard! The Yack Shack as it is known to have around 40 members and are engaged in a number of community projects including making RUOK? benches, display shelving for the local museum and building a balustrade for the community centre.

I was asked by shed president Graeme Neil to speak at their committee meeting and I was pleased to note their support for the Tangam-Kiewa shed in their current dispute with the council.

I received feedback that members welcomed the visit from the VMSA.







GREG MALE PRESIDENT MONASH MEN'S SHED

# AT TALE OF FOUR SHEDS

## MONASH MEN'S SHED

Almost a week later on Tuesday 12 March at the invitation of President Greg Male, I visited the Monash Men's Shed Inc. in Glen Waverly.

The shed was established in 2010 and Greg has been president for the last five years. Greg says the shed is a Registered Health Promotions Charity (HPC) and uses the shed model to provide outreach to men in the community.

Their shed is very nicely situated in the Bogong Reserve and is surrounded by trees and bushland. They have around 125 members and are open six days a week.

A weekly meal is provided and there is an emphasis on healthy eating.

The land and the two buildings the men's shed occupies are owned by the council.

Greg says the shed places a big emphasis and focus on men's health that encompasses such issues as social inclusion which addresses problems such as loneliness, social isolation, and men's mental health.





# AT TALE OF **FOUR SHEDS**

## **MONASH MEN'S SHED**

They have a shed badged car which picks up and drops off members with social mobility restrictions and they employ a shed Community Development Officer which is in part subsidised by the City of Monash.

Facilities include a nice recreation area where members can meet and when I was there a couple of blokes were working on a giant jigsaw puzzle and if there is such a thing as Zen and the art of jigsaw puzzles, that was it.

Community projects include making mud kitchens, street libraries, pre-school and play group works and various council projects including a bee hotel.

The shed is well run, with a leadership that has a clear sense of purpose in terms of its future.



# A TALE OF FOUR SHEDS

## ARKOONA PARK MEN'S SHED

The last, but by no means least of the four shed visits was the Arkoona Park Men's Shed Inc. at Berwick. President Maurie Hall has been a shed member for four years and followed past president Lindsay Harding who is still a committee member.

They were established in May 2012 and have 156 members on sheds situated on crown land at the Berwick Showgrounds. They have a \$50 joining fee and annual subs of \$100 and supply a full lunch on Thursdays and are open Monday to Friday. It's an alcohol-free premise and as Lindsay says men's sheds and booze are like oil and water.

Community projects include a community house project and the John Mc Foundation supporting and feeding those in need. Mobile food kitchens and a pumpkin drive fundraiser for the homeless show evidence of a shed with a big heart.

The work areas were neat and well organised, and they have a fully equipped forge for more advanced blacksmithing and making souvenirs and fire pokers.

The metal section has made over 350 wombat gates for farmers which are sold in Victoria and interstate through the Wombat Society with new models evolving as they go. The kitchen is equipped, managed and run by a group of four which includes our Dutch trained chef. On the day I was there they had 73 in for lunch.

The fish chips and salad were very good.



So, four sheds, all different but all doing great work to support their members' health and wellbeing and in doing so to make a vital contribution to their communities overall. I want to thank all four shed committees for their hospitality and for being so welcoming. I look forward to visiting more sheds in the future.

Trevor Dobbyn.  
VMSA Chair

PAST PRESIDENT AND COMMITTEE MEMBER LINDSAY  
HARDING LEFT AND NEWSLETTER EDITOR IAN MCKENZIE  
ARKOONA PARK MEN'S SHED



**DO YOU HAVE A STORY TO SHARE?  
WE WANT TO HEAR FROM YOU!  
WHETHER IT'S A PROJECT SUCCESS,  
A MEMBER'S ACHIEVEMENT, OR A  
COMMUNITY INITIATIVE, WE'D LOVE  
TO FEATURE IT IN SHED TALK.**

Send us your photos and stories to  
**[vmsa@vmsa.org.au](mailto:vmsa@vmsa.org.au)** and let us showcase  
the amazing work happening in your shed.

Don't miss this opportunity to share your  
journey with the wider Men's Shed  
community!





# HEALTH AND WELLBEING INITIATIVES



Following up from the call-out to sheds about diabetes sessions, there has been an encouraging uptake with nine sheds having arranged sessions:

- February - Aberfeldie
- April - Akoona Park, Kilmore, Langwarrin
- May - Stanhope, Wodonga
- June - Taylors Hill, Melton (part of Men's Health Week)
- Date TBC - Maldon

There are still sessions available so if your shed is interested in being a part of this initiative please contact Jim Kane at [jim@vmsa.org.au](mailto:jim@vmsa.org.au) or 0448 015 554

## SHED DOGS

Let's hear it for Victorian Men's Shed dogs. Here are some pictures of the men and their four-legged friends.







## MELBOURNE MEN'S SHED

# TWO UNIQUE LOCATIONS

The **Melbourne Men's Shed** operates from two unique locations within Melbourne's CBD: Federation Square and the Atira Apartments at the top of the Elizabeth St roundabout (known as the Peter Mac Shed).

At Federation Square, the Melbourne Men's Shed offers a variety of activities for both working and retired men, including woodwork, walking groups, cooking classes, and other social activities.

The **Peter Mac Shed**, located within the hospital precinct, is the first Men's Shed in Victoria to be situated within a hospital. It provides a space for men, their families, and friends to meet, gather, and learn, especially for those undergoing treatment or caring for someone with an illness or disease. Membership has been extended to include patients and carers from other major hospitals in the Parkville precinct.



# EMPOWERING MALDON WITH **MEN'S SHED** **FUNDING**

On the morning of 4th March, scones, jam, and cream adorned the table as Bendigo West MP, Maree Edwards, visited the Maldon Men's Shed for a funding announcement.

As part of the Men's Shed Funding Program, Member for Bendigo West, Maree Edwards MP, proudly revealed that Maldon Men's Shed was selected as one of the 28 recipients. The grant will facilitate the installation of a new split system to replace the outdated air conditioner in the kitchen.

This funding injection underscores the government's commitment to supporting community spaces like Maldon Men's Shed, where individuals gather to connect, socialise, acquire new skills, and collaborate on collective projects.





# Follow Us on Social Media



Don't miss out on the latest updates, events, and community initiatives from the Men's Shed!

Follow our Facebook page **Victorian Men's Shed Association** for all the news, photos, and stories straight from Sheds.

Plus, join our Facebook group **VMSA - Public Notices** to connect with fellow members, share ideas, and stay in the loop with discussions on topics that matter to you.

Stay connected, stay engaged, and be a part of our vibrant online community!

Follow us today!



# INSIDE THE WORKSHOP

# SHED

# SHOWCASE

## DEREEL MEN'S SHED

The Dereel Men's Shed, located south of Ballarat, faced a close call in early March when a rapidly spreading fire encroached upon the footy oval behind their shed. Despite the threat, the shed committee remained vigilant, supporting the community during and after the fire. They organized a support meeting to acknowledge the local CFA for their commendable efforts.



## SCARSDALE MEN'S SHED

The Scarsdale shedders, a lively group of individuals, contribute significantly to their local community. Trevor, Nino, and Charlie proudly display toys they crafted for the annual children's Christmas party. If you're in the Ballarat area and crave laughter and camaraderie, consider joining their ranks.





## LINTON

In Linton, if you're a Dr. Who enthusiast, chances are you might find one of these charming mini Tardises gracing your mantelpiece. Crafted to order by the Linton shed, these delightful creations have become a beloved favourite among both young and seasoned sci-fi aficionados in the town

## COLBO MEN'S SHED

The Colbo Men's shedders in Colbonabbin combine their love of wood and metal work with a passion for helping the local land care group in their advocacy for sustainable land and water resource manager. Some of their regular jobs include servicing local tractors, making kindling and have also been involved in fencing waterways.



## BENDIGO

Impressive metalwork at Bendigo Shed has caught attention, particularly this striking piece by a skilled member.





## SHEDS EMBRACING **EXERCISE AND WELLNESS**

During our recent expeditions throughout various shed communities, the Victorian Men's Shed Association (VMSA) has been actively engaged in mapping out the regular weekly shed groups and activities that are making significant contributions to the mental and physical well-being of our members. It's been truly enlightening to witness the diverse array of groups that have been cropping up, each offering unique experiences and opportunities for camaraderie and personal growth.

For instance, we've observed the emergence of meditation sessions at the Port Phillip Shed, providing members with a peaceful sanctuary to cultivate mindfulness and relaxation.

Meanwhile, sheds like Taylor's Hill have embraced the classic game of Bocce, fostering friendly competition and skill-building among participants.

Additionally, sheds in Mordialloc and Bacchus Marsh have been buzzing with excitement as they host thrilling pool competitions, igniting a sense of friendly rivalry and team spirit among members.

These initiatives not only provide enjoyable recreational activities but also serve as valuable avenues for social interaction, skill development, and overall well-being. As we continue to document and celebrate these vibrant shed groups, we're dedicated to sharing their stories and achievements through our newsletter and public notices on Facebook.

Our hope is that by shining a spotlight on these activities, we can inspire other sheds to explore similar endeavours and perhaps even foster some friendly inter-shed competitions, further enhancing the sense of community and camaraderie within our shed network.



# EXERCISE: BENEFITS OF REGULAR PHYSICAL ACTIVITY

**Physical activity or exercise** can improve your health and reduce the risk of developing several diseases like **type 2 diabetes**, **cancer** and **cardiovascular disease**.

Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life. A minimum of 30 minutes a day can allow you to enjoy these benefits.

## **Benefits of regular physical activity**

If you are regularly physically active, you may:

- reduce your risk of a **heart attack**
- **manage your weight** better
- have a lower **blood cholesterol level**
- lower the risk of **type 2 diabetes** and some **cancers**
- have lower **blood pressure**
- have stronger **bones**, **muscles** and joints and lower risk of developing **osteoporosis**
- lower your risk of **falls**
- recover better from periods of hospitalisation or bed rest
- feel better – with more energy, a better **mood**, feel more relaxed and **sleep** better.

## **A healthier state of mind**

A number of studies have found that exercise helps **depression**. There are many views as to how exercise helps people with depression:

- Exercise may block negative thoughts or distract you from daily worries.
- Exercising with others provides an opportunity for increased social contact.
- Increased fitness may lift your mood and improve your sleep patterns.
- Exercise may also change levels of chemicals in your brain, such as serotonin, endorphins and stress hormones.

## **Aim for at least 30 minutes a day**

To maintain health and reduce your risk of health problems, health professionals and researchers recommend a minimum of 30 minutes of moderate-intensity physical activity on most, preferably all, days.

Physical activity guidelines

## **Australia's physical activity and exercise guidelines state that:**

- Doing any physical activity is better than doing none. If you currently do no physical activity, start by doing some, and gradually build up to the recommended amount.
- Be active on most, preferably all, days every week.
- Accumulate 150 to 300 minutes (2 ½ to 5 hours) of moderate intensity physical activity or 75 to 150 minutes (1 ¼ to 2 ½ hours) of vigorous intensity physical activity, or an equivalent combination of both moderate and vigorous activities, each week.
- Do muscle strengthening activities on at least 2 days each week.



# EXERCISE: **BENEFITS OF REGULAR PHYSICAL ACTIVITY**

## **Ways to increase physical activity**

Increases in daily activity can come from small changes made throughout your day, such as **walking** or **cycling** instead of using the car, getting off a tram, train or bus a stop earlier and walking the rest of the way, or walking the children to school.

See your doctor first

## **It is a good idea to see your doctor before starting your physical activity program if:**

- you are aged over 45 years
- physical activity causes **pain in your chest**
- you often **faint** or have spells of severe **dizziness**
- moderate physical activity makes you very breathless
- you are at a higher risk of **heart disease**
- you think you might have heart disease or you have heart problems
- you are **pregnant**.

## **Tips and ideas for older people (65 years and older)**

Four types of activity are needed to keep you healthy:

- moderate activity – for your heart, lungs and blood vessels
- strength activities – to help maintain bone strength
- flexibility activities – to help you move more easily
- balance activities – to improve your balance and help prevent falls.

Pre-exercise screening is used to identify people with medical conditions that may put them at a higher risk of experiencing a health problem during physical activity. It is a filter or 'safety net' to help decide if the potential benefits of exercise outweigh the risks for you.

Where to get help:

- Your GP (doctor)
- Local gym
- Local community centre
- AUSactive Registered exercise professional Tel. 1300 211 311
- Physiotherapist
- Podiatrist
- Exercise physiologist
- Heart Foundation Walking



# Can you spot A rip at the beach? A great wave? A skin cancer?

Two in three Australians will develop skin cancer before the age of 70. The good news is that 95 per cent of skin cancers can be successfully treated if detected early.

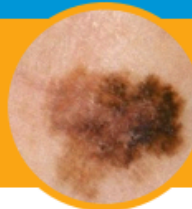
## Do you know what skin cancer looks like?

A simple check could save your life. We should all check our skin regularly. Get to know your skin and take immediate action if you notice any changes.

If you have fair skin, blue or green eyes, fair or red hair or lots of moles or freckles you are at high risk of developing skin cancer.

Cumulative UV exposure also contributes to your risk of developing skin cancer. So if you grew up in Australia, work outdoors or spend lots of time in the sun you should take care to protect and check your skin.

## Use the ABCD of melanoma detection to check for the following:



**Asymmetry**  
If the spot or lesion is divided in half, the two halves are not a mirror image.



**Border**  
A spot with a spreading or irregular edge.



**Colour**  
A spot with a number of different colours through it.



**Diameter**  
A spot that is growing and changing in diameter or size.

### Skin cancers

There are three main types of skin cancer: basal cell carcinoma, squamous cell carcinoma and melanoma.

#### Melanoma

- Accounts for 1–2% of skin cancers.
- Is the most dangerous and aggressive form of skin cancer.
- If left untreated can spread to other parts of the body and can be fatal.
- Grows quickly over weeks to months.
- Can appear as a new or existing spot, freckle or mole that changes in colour, size or shape.
- Can grow anywhere on the body, not just areas exposed to the sun.
- Occurs most frequently on the upper back in males and on the lower leg in females.

#### Basal Cell Carcinoma (BCC)

- Accounts for about 66% of skin cancers.
- Grows slowly over months or years.
- Look for small, round or flattened spots that are red, pale or pearly in colour. Some are scaly like a patch of eczema.
- May become ulcerated, bleed and fail to heal.
- Usually found on the upper body, head or neck.

#### Squamous Cell Carcinoma (SCC)

- Accounts for about 33% of skin cancers.
- Grows over months and may spread if not treated.
- Look for scaly red areas that may bleed easily, ulcers or non-healing sores that are often painful, especially when touched.
- Often found on lips, ears, scalp, backs of the hands and lower legs.

### Warning signs

The following spots are not skin cancer but may predispose you to skin cancer or be a warning sign that skin damage has occurred.

#### Dysplastic naevi ('atypical moles')

- Are odd-shaped moles that may indicate a greater risk of developing melanoma.
- Usually 5–10mm wide with uneven colouring.
- If you have lots of odd-shaped moles get your skin checked regularly by your doctor.

#### Solar keratoses ('sunspots')

- Generally hard, red, scaly spots on sun-exposed areas of the skin.
- Most commonly found on the head, neck and on the back of the hands.
- Is a warning sign that the skin has been damaged by the sun and that skin cancers may develop.
- If you have solar keratoses, protect yourself from further sun damage and have your skin checked regularly by a doctor.

### Harmless spots

#### Seborrheic keratoses ('senile warts')

- Common non-cancerous spots sometimes confused with melanomas.
- Raised warty-looking brown or black lesions with well-defined borders.
- Mostly found on the trunk but can occur anywhere on the body.

### Eye damage

The sun can also damage your eyes. In the short term, sun exposure can cause burns to the eye similar to sunburn of the skin. Long-term exposure can lead to cataracts (clouding of the lens), pterygium (tissue covering the cornea) and cancer of the conjunctiva or cornea. It is important to protect your eyes by wearing sunglasses and a broad-brimmed or bucket hat.

1. Pterygium (tur-rigd-i-um)
2. Squamous Cell Carcinoma of the conjunctiva
3. Cataract

### Check your skin regularly

- Many skin cancers are detected by people themselves or by a family member.
- To check your skin, undress completely and stand in good light.
- Use a full-length or hand-held mirror to check your back, legs and scalp. If there are areas you can't see properly ask a family member or your GP for a skin check – don't ignore them.
- Make sure you check your entire body as skin cancers can sometimes occur on parts of the body not exposed to the sun, for example the soles of the feet. Go through the same checking sequence each time to get into a routine.

### Check your:

- Head, scalp, neck and ears**  
Take an extra close look around the nose, lips, ears and scalp.
- Torso**  
Check the front, back and sides of the torso.
- Arms, hands, fingers and nails**  
Remember to look at the spaces between the fingers and the beds of your fingernails.
- Buttocks, legs and feet**  
Remember to check between toes, under toenails and on the soles of feet.

### See a doctor straight away if you notice:

- A skin spot that is different from other spots around it.
- A mole or freckle that has changed in size, shape or colour.
- A new spot that has changed over weeks or months in size, shape or colour.
- An inflamed sore that has not healed within three weeks.

### Be SunSmart.

Protect yourself in five ways from skin cancer. UV levels are highest during the middle of the day. Take care to be SunSmart when the UV Index is 3 or above. Check our UV Alert online or download our SunSmart app at [www.cancer.org.au/UVAAlert](http://www.cancer.org.au/UVAAlert)



#### Slip on protective clothing

- Use clothing to cover as much skin as possible.



#### Slap on SPF 30 or higher sunscreen

- Make sure it's broad spectrum and water-resistant.



#### Slap on a hat

- Wear a broad-brimmed hat that covers your face, neck and ears.



#### Seek shade

- Make use of trees or built shade or bring your own.



#### Slide on some sunglasses

- Close-fitting wrap-around styles offer the best protection.

**Melanoma accounts for 10% of all cancers**



# Victoria's container deposit scheme

Designed for all Victorians



## Victoria's container deposit scheme (CDS) will:

- 🔄 increase recycling and reduce litter by up to half
- 🔄 be convenient and accessible with many types and locations of collection points
- 🔄 bring new jobs and economic opportunities for disadvantaged people, charity and community groups, and regional Victoria.

### It's a new and accessible way for charities and community groups to raise money:

- collecting containers for refunds
- running container collection drives
- receiving donations – people will be able to donate their refunds to their favourite registered group
- running a refund collection point.



## How it will work

Like all Australian container deposit schemes, beverage suppliers will fund the Victorian CDS.

To ensure an efficient, low-cost scheme and one that maximises container returns and recycling Victoria's CDS will adopt a split responsibility governance model with beverage industry having a strong role in administration and funding of the scheme.

The Victorian CDS will create new economic opportunities and jobs, with the responsibilities for running the scheme split between a scheme coordinator and network operators, appointed using a competitive tender process.

### Coordinator role:

- manage finances and commercial viability
- audits to prevent fraud
- pay refund amounts and collection network costs to network operator/s
- report against government performance targets.

### Network operator/s role:

- establish and maintain a network of refund points
- distribute refund amounts to consumers
- distribute payments to collection point operators
- report on participation and redemption rates.

## Why are we doing it this way?

Our scheme adopts key elements from other schemes to maximise return of drink containers for recycling. By sharing responsibility for its operation, the scheme will have checks and balances so it is clear and accountable and ensure collection points are convenient and accessible, which is crucial for an effective CDS.

We meet regularly with our Community Organisations Reference Group, made up representatives from charity and community groups, to make sure the way we set up our CDS means they can take part and benefit.



# Power your Shed with



## PowerPass



**Useful  
digital tools**



**Exclusive  
PowerPass prices\*\***



**Flexible  
payment options\***



**Trade-quality  
hire equipment~**



**Dedicated  
trade support**



**In-store collection  
& delivery^**

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# VMOSA TEAM



**JIM KANE**

General Manager



0448 015 554



jim@vmsa.org.au



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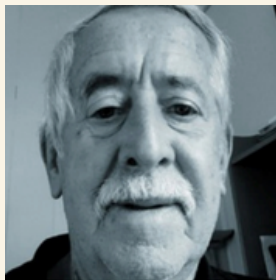


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trevor@vmsa.org.au



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mick@vmsa.org.au



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max@vmsa.org.au



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Committee



marcelle@vmsa.org.au

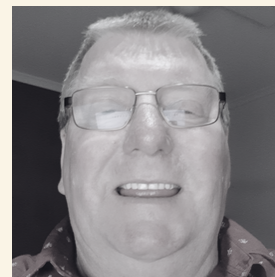


**Graeme Newman**

Committee



graeme@vmsa.org.au



**Peter Broomhead**

Committee



peter@vmsa.org.au

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The Victorian Men's Shed Association  
173-175 Ordish Road  
Dandenong South VIC 3175

 0408 465 228  
 [vmsa@vmsa.org.au](mailto:vmsa@vmsa.org.au)  
 [vmsa.org.au](http://vmsa.org.au)

